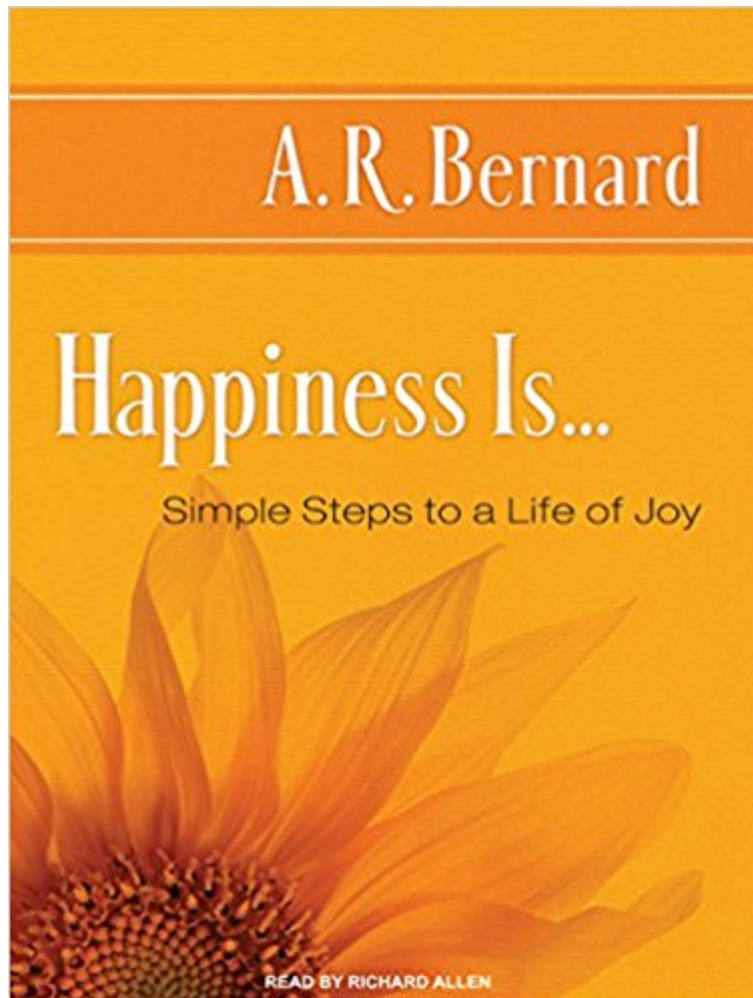




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Happiness Is...: Simple Steps To A Life Of Joy



Synopsis

A. R. Bernard, the founder and spiritual leader of the 26,000-member New York Christian Cultural Center, presents an inspiring examination of happiness: what it is, how to find it, and how to keep it. If money doesn't win happiness, then what does? Drawing on scripture, common sense, and inspirational quotes from an array of celebrities-including Maya Angelou, Mother Teresa, Quincy Jones, and Oprah Winfrey-Happiness Is... is a powerful program that can help anyone escape from the grip of negativity and achieve the spiritual prosperity that can only come with discipline and wisdom. "Happiness isn't a commodity that can be purchased in a store," counsels Bernard. "It's a by-product of the way you choose to live and the things you choose to think." Happiness Is... teaches listeners not to worry about what they can't control, inspiring them instead to use the talents that God has already given them-and to infuse every day with the faith that enables them to lead purposeful, principled lives. "Are you willing to celebrate your life today?" Bernard asks. "God's love for you is infinite. Accept it joyfully...and be happy. Now."

Book Information

Audio CD

Publisher: Tantor Audio; Unabridged edition (November 20, 2007)

Language: English

ISBN-10: 1400105560

ISBN-13: 978-1400105564

Product Dimensions: 6.4 x 1.1 x 5.3 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 starsÂ Â See all reviewsÂ (11 customer reviews)

Best Sellers Rank: #11,059,896 in Books (See Top 100 in Books) #86 inÂ Books > Books on CD > Religion & Spirituality > Inspiration #5573 inÂ Books > Books on CD > Health, Mind & Body > Self Help #5575 inÂ Books > Books on CD > Health, Mind & Body > Personal Growth

Customer Reviews

I felt that this book did not have the same depth of spirituality as Dr. Bernard's sermons, it is more like a journal of quotes and references. There were no actual "steps" to a life of joy. Nor were there any in depth exploration of this process, or the connection to the Bible and how we can achieve spiritual happiness...

Stop your complaints! Stop with the excuses! With this very inspiring and engaging book, A.R.

Bernard literally takes you by the hand and uncovers the simple route to happiness. This is truly a book for everyone!

I am probably biased since I am a member of his church. He is an awesome speaker and is very worldly and spiritually wise. It is a pleasure to hear him exbound on scriptures and how it relates to today and our everyday lives/situations. Buying it online is better than buying it in a bookstore, big savings. It is \$14 in the bookstore. I look forward to his next project called "Chasing donkeys" (referring to how Samson stumbled into his purpose)

I think this book is a wonderful gift to give someone. It is meant to inspire. Pastor A.R. Barnard is a gifted teacher of the word. This book is what it says simple steps to a life of joy.

I bought two copies of this book. I didn't realize it was more for reflection than just a straight-through read. Pastor Bernard is a very insightful preacher. If you're looking for reflective reading at the start, middle or end of the day this is a good pick. The cover is cheery and makes a nice table focal piece.

I like this book. I have not had a chance to finish reading it, but I am looking forward to reading all of it.

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